

asthma control test for ages 4-11

Have your child complete these questions.

1 How is your asthma today?

- ☹️ Very Bad
- 😞 Bad
- 😊 Good
- 😄 Very Good

2 How much of a problem is your asthma?

- ☹️ It's a big problem, I can't do what I want to do
- 😞 It's a problem and I don't like it
- 😊 It's a little problem but it's okay
- 😄 It's not a problem

3 Do you cough because of your asthma?

- ☹️ Yes, all of the time
- 😞 Yes, most of the time
- 😊 Yes, some of the time
- 😄 No, none of the time

4 Do you wake up during the night because of your asthma?

- ☹️ Yes, all of the time
- 😞 Yes, most of the time
- 😊 Yes, some of the time
- 😄 No, none of the time

Please complete these questions on your own.

5 During the last 4 weeks, how many days did your child have any daytime asthma symptoms?

- Not at all
- 1-3 days
- 4-10 days
- 11-18 days
- 19-24 days
- Everyday

6 During the last 4 weeks, how many days did your child wheeze during the day because of asthma?

- Not at all
- 1-3 days
- 4-10 days
- 11-18 days
- 19-24 days
- Everyday

7 During the last 4 weeks, how many days did your child wake up during the night because of asthma?

- Not at all
- 1-3 days
- 4-10 days
- 11-18 days
- 19-24 days
- Everyday

