HYSTEROPSALPINGOGRAM PROCEDURAL INFORMATION
AND POST-PROCEDURAL PATIENT INSTRUCTIONS

What is a Hysterosalpingogram?
A Hysterosalpingogram (HSG) is a radiologic procedure to visualize the shape of the uterine cavity; determine if there is any blockage of one or both of the fallopian tubes that may be preventing pregnancy; or evaluate the proper placement of Essure implants. A small catheter is placed in the uterine cavity. Once the catheter is in place, a small amount of X-ray dye is injected to “highlight” the uterine cavity and fallopian tubes (to check for blockage in the fallopian tubes) with the use of fluoroscopy (real-time-X-ray).

For evaluation of Essure implants, a small catheter is placed in the uterine cavity and X-ray dye is injected. The X-ray dye will fill the uterine cavity; if the Essure implants are in good position, the implants will prevent the X-ray dye from accessing the fallopian tube(s). No X-ray dye seen flowing into the fallopian tubes confirms that the devices are in the correct position for contraception. If X-ray dye is seen flowing into the fallopian tube(s), the devices will need to be repositioned by your physician.

Post-Procedural Instructions
There are no physical restrictions after you examination. You may experience some lite spotting 2-4 days after your procedure, which is normal.

Your body will absorb most the X-ray dye that way injected; a small amount may leak out of the vagina.

Notify your doctor if you experience any of the following:

- Abnormal vaginal discharge
- Unusual vaginal odor
- Fever
- Pelvic pain 3-7 days after the procedure

Your doctor may give you additional or alternate instructions after the procedure, depending on your particular situation.

If you have any questions, comments, or concerns, please call us at 630-545-7880.

This information is based off of recommendations from the American College of Radiology and from Johns Hopkins University.