

**American Urological Association (AUA) BPH Symptom Score Index**

To complete this self-test, circle one number on each line. Add up all the circled numbers to get the total score. The total runs from 0 to 35 points with higher scores indicating more severe symptoms. Scores less than 7 are considered mild and do not warrant treatment.

	Not at all	Less than 1 time in 5	Less than half the time	About half the time	More than half the time	Almost always
1. Over the past month, how often have you had a sensation of not emptying your bladder completely after you finished urinating?	0	1	2	3	4	5
2. Over the past month, how often have you had to urinate again less than two hours after you finished urinating?	0	1	2	3	4	5
3. Over the past month, how often have you stopped and started again several times when you urinated?	0	1	2	3	4	5
4. Over the past month, how often have you found it difficult to postpone urination?	0	1	2	3	4	5
5. Over the past month, how often have you had a weak urinary stream?	0	1	2	3	4	5
6. Over the past month, how often have you had to push or strain to begin urination?	0	1	2	3	4	5
	None	1 time	2 times	3 times	4 times	5 times
7. Over the past month, how many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning?	0	1	2	3	4	5

Total Symptom Score:



**Could you benefit from treatment for ED?**

Please circle the answer that best describes your situation. Make sure you select only one response for each question.

	Score	0	1	2	3	4	5
<b>Over the past six months:</b> How do you rate your confidence that you could get and keep an erection?	None	Very low	Low	Moderate	High	Very High	
When you had erections with sexual stimulations, how often were your erections hard enough for penetration?	No sexual activity	Almost never or never	Much less than half the time	About half the time	Much more than half the time	Almost always or always	
During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?	Did not attempt intercourse	Almost never or never	Much less than half the time	About half the time	Much more than half the time	Almost always or always	
During Sexual intercourse how difficult was it to maintain your erection to the completion of intercourse?	Did not attempt intercourse	Extremely difficult	Very difficult	Difficult	Slightly difficult	Not difficult	
When you attempted sexual intercourse, how often was it satisfactory for you?	Did not attempt intercourse	Almost never or never	Much less than half the time	About half the time	Much more than half the time	Almost always or always	